

Whitworths

Lamb, Apricot, Almond & Mint Koftas



INGREDIENTS

- 50g **Whitworths Chopped Apricots**
- 40g **Whitworths Chopped Almonds**
- 500g minced lamb
- 1 x lime, juice of
- 1tbsp fresh mint, chopped
- Freshly ground salt and pepper
- bamboo skewers

 Makes 9  20 mins  15 mins

READY...STEADY...BAKE

- ♥ Place all of the ingredients into a food processor then blitz for a few minutes until the mince is fully ground and the mix starts to bind together.
- ♥ Divide the mix into 9-10 (approximately 60g each)
- ♥ Shape and mould the mix around the skewers (use greaseproof paper if you find this easier!)
- ♥ BBQ, grill or fry as required.

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Happy Baking!