

Whitworths

Raw Cacao Bliss Balls



INGREDIENTS

150g **Whitworths Ground Almonds**
150g **Whitworths Stoned Sayer Dates**
150g **Whitworths Little Jewel Cranberries**
45g rolled porridge oats
50g agave nectar syrup
100g raw cacao
40g chia seeds

 Makes 20  Prep 15mins  30mins

READY...STEADY...BAKE

- ♥ Place the almonds into a food processor and 'whizz' for approximately 8 minutes until the mixture forms a paste.
- ♥ Add the dates, cranberries, oats, chia seeds and agave syrup then 'whizz' for a further 1 minute or until the mixture comes together in a sticky dough.
- ♥ Divide the mixture into 20 (approximately 25g each) then roll into balls.
- ♥ Roll the balls in the cacao until evenly coated.
- ♥ Refrigerate for 30 minutes until firm.
- ♥ Delicious as a treat to combat those mid-afternoon energy dips.

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Happy Baking!