

Whitworths

Apricot & Honey Fool



INGREDIENTS

- 140g **Whitworths Chopped Apricots**
- 2 tsp honey
- 300ml ready-made chilled custard
- 100ml orange juice
- 300ml double cream

 Makes 4  5mins + 1 hour chilling

READY...STEADY...BAKE

- ♥ Set aside a handful of apricots for decorating, then heat the apricots and orange juice together in small pan, over a medium heat, for approximately 5 minutes.
- ♥ Remove from the heat, blend until smooth then leave to cool.
- ♥ Whip the cream until just holding it's shape (not too thick) then stir in the honey, apricot puree and custard.
- ♥ Spoon into 4 glasses then decorate with the set aside apricots.
- ♥ Chill for one hour then serve.

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Happy Baking!